

## GLOBAL FLAVORS

**M** Spaghetti & Meat Sauce  
Lasagna Roll Ups As Available

**T** Korean BBQ Flatbread  
Three Cheese Flatbread  
Asian Meatball Flatbread

**W** Taco Beef Calzone  
Cheese Calzone  
Turkey Taco Calzone

**TH** Greek Meatball Flatbread  
Three Cheese Flatbread

**F** Buffalo Chicken Calzone  
Cheese Calzone

Butternut Squash  
Parmesan Green Beans

Spicy Asian Vegetable Blend  
Soy-Roasted Potatoes

Frijoles a la Charro  
Mexican Zucchini

Roasted Chickpeas  
Summer Squash

Low Country Green Beans  
Potato Wedges

## SUPER FOODS

**M** NOODLE BOWLS  
Tokyo Teriyaki • Spicy Buffalo Chicken • The Grecian • The Garden

**T** WRAPS & FLATBREADS  
Turkey Cheddar Ranch • Classic Ham & Cheese • The Mediterranean • Spicy Buffalo Chicken

**W** SUPER SALADS  
Please Select Another Item

**TH** SMOOTHIE BOWLS  
Very Berry • Sunshine • Tropical (No Bananas)

**F** NOODLE BOWLS  
Tokyo Teriyaki • Spicy Buffalo Chicken • The Grecian • The Garden

PLANT-BASED, VEGETARIAN, NATURAL & MORE...  
ALL THE INGREDIENTS YOU LOVE!



**M** Including Kidney Beans  
Variety of Fresh Fruit  
Variety of Canned Fruit

**T** Including Basil Corn Salad  
Variety of Fresh Fruit  
Variety of Canned Fruit

**W** Including Baby Carrots  
Variety of Fresh Fruit  
Variety of Canned Fruit

**TH** Including Corn  
Variety of Fresh Fruit  
Variety of Canned Fruit

**F** Including Celery Sticks  
Variety of Fresh Fruit  
Variety of Canned Fruit



## SAUCE IT UP!

Add a kick to any dish with our featured sauces.

**Music City Sauce**  
Signature Nashville Hot Sauce with just the right kick of heat

**MK Special Sauce**  
The perfect blend of mayonnaise and ketchup

**Spicy Cool Sauce**  
Spicy sriracha meets cool, creamy mayonnaise

**Spicy K Sauce**  
Classic ketchup — with a kick!

IN A HURRY?

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

DOWNLOAD THE APP + DECIDE YOUR LUNCH IN ADVANCE!



So Happy

## EVERYDAY SELECTS

**M** Cheese Pizza  
Pepperoni Pizza  
Sausage Pizza

**T** Bean & Cheese Nachos  
Beef & Cheese Nachos  
Fajita Chicken Nachos  
All entrées served with Stewed Black Beans

**W** Chicken Nugget Basket  
Fish 'n' Chips Basket  
Cheese Filled Breadstick  
All entrées served with Seasoned Spiral Fries

**TH** Crispy Chicken Sandwich  
Cheeseburger  
Fish Stick Sandwich  
All entrées served with Baked French Fries

**F** Cheese Pizza  
Pepperoni Pizza  
Sausage Pizza